FPIES Symptom Food Chart

1	No Symptoms	6	Behavior Change: irritability, crying, etc.
2	Hiccups	7	Diarrhea + mucus + blood
3	Diarrhea	8	Reflux, spit up
4	Eczema	9	Vomiting
5	Diarrhea & Mucus	10	Repetitive profuse vomit to bile / shock

Date	Food	Symptoms										Time from Food to Reaction	Notes
12/3/2014	Example		2				6			9	10	3 hours	n/a