




Educate. Support. Empower.

The FPIES Foundation
www.thefpiesfoundation.org
contact@thefpiesfoundation.org

UNSAFE Foods:	
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
Medication allergies: _____	

Environmental Allergies: _____	

Additional Info: _____	

<p>My child _____ has FPIES (F-PIES, Food Protein-Induced Enterocolitis Syndrome), a rare type of food allergy affecting the gastrointestinal tract.</p> <p>Signs of a severe reaction include: repetitive profuse vomiting, frequent diarrhea, lethargy (appearing very sleepy), loss of consciousness, and becoming pale or blue/gray in appearance.</p> <p>In the event of severe reaction, call 911 and the emergency contact: _____ (name) _____ (phone)</p> <p><input type="checkbox"/> My child has a medical emergency bracelet with further instructions</p> <p><input type="checkbox"/> My child is on an elemental formula only diet: _____</p> <p><input type="checkbox"/> My child has additional medical conditions: _____</p> <p> For more information, please visit www.thefpiesfoundation.org</p>

This card is a great companion to your child's FPIES ER letter when your little one requires emergency care. It is also a great tool to keep on hand for school, daycare and travel instances. The top section is the back of the card and the bottom section is the front of the card. Fold in the center of the two sections to make a complete card with a front and a back and if desired, laminate to preserve the card. Fill out your child's information clearly and as completely as possible. At the bottom of the front of the card, check which lines apply to your child. **This specific version of the FPIES information card is designed to offer you space for filling in additional pertinent information about your child that is not addressed in other areas of the card but may be important to caregivers or emergency responders.**



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UNSAFE Foods:

Medication/ Environmental Allergies: _____

My Child ONLY Eats: _____

My child _____ has FPIES (F-PIES, Food Protein-Induced Enterocolitis Syndrome), a rare type of food allergy affecting the gastrointestinal tract.


Signs of a **severe reaction** include: repetitive profuse vomiting, frequent diarrhea, lethargy (appearing very sleepy), loss of consciousness, and becoming pale or blue/gray in appearance.

In the event of severe reaction, call 911 and the emergency contact:
 _____ (name) _____ (phone)

My child has a medical emergency bracelet with further instructions

My child is on an elemental formula only diet: _____

My child has additional medical conditions: _____

 For more information, please visit www.thefpiesfoundation.org

This card is a great companion to your child's FPIES ER letter when your little one requires emergency care. It is also a great tool to keep on hand for school, daycare and travel instances. The top section is the back of the card and the bottom section is the front of the card. Fold in the center of the two sections to make a complete card with a front and a back and if desired, laminate to preserve the card. Fill out your child's information clearly and as completely as possible. At the bottom of the front of the card, check which lines apply to your child. **This specific version of the FPIES information card is designed to offer the parent a space to record the child's ONLY safe foods-- this works well for children who react to many things and have a very limited amount of foods that they can eat.**