

Have you heard of FPIES?

FPIES is...

Food Protein-Induced Enterocolitis Syndrome, a rare but serious food allergy.

- **Food Protein-Induced** means that food protein "triggers" a reaction.
- **Enterocolitis** means the entire colon (GI tract) can be affected.
- **Syndrome** means the severity of symptoms vary from child to child.

Having FPIES means...

- Food can cause our children to be sick, some so violently ill they may go into shock.
- Although there are common "trigger" foods, any type of protein may cause a reaction.
- Avoidance of proteins that trigger a reaction is currently the only safe treatment.

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How can you help TODAY?

- Eat in designated areas only.
- Clean when you are done eating (even one crumb may trigger a reaction in a child with FPIES).
- Always obtain parental consent before feeding a child.
- Inform parents of a potential exposure **immediately**.
- Call 911 or "**immediately**" seek emergency medical help with a known reaction.
- Pass this valuable information along to everyone!

For more information on signs and symptoms of FPIES or how you can help, please visit:



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