

For Clinics: Raising FPIES Awareness



Raising Awareness in Clinic Communities:

- Give presentations about FPIES at staff meetings.** Consider covering FPIES education at different angles, such as:
 - ☆ FPIES signs and symptoms; review current medical literature
 - ☆ FPIES and nutrition implications
 - ☆ FPIES presenting at different ages-- newborn vs. 6mo. old
- Create parent/caregiver education packets** for those diagnosed
- Interface with local emergency departments** to create plans for patients diagnosed with FPIES
- Encourage staff to participate in awareness days**, such as Global FPIES Day (www.fpiesday.com).
 - ☆ **Print & hang FPIES awareness posters** in staff lounges; distribute to department mailboxes
 - ☆ **Create an email** providing an overview of FPIES and giving links to online resources at www.fpiesfoundation.org/resources
- Speak to new parent/prospective parent groups** about FPIES
- Engage your local community as a guest speaker** at FPIES awareness events for medical and non-medical audiences

Awareness in Allied Health (OT, PT, Mental Health)

- The importance of FPIES awareness** for therapy practitioners:
 - ☆ **Exploring if any precautions** need to be in place to ensure the child's safety in the therapy environment (i.e. food-free therapy materials, how to keep shared equipment free from food residue)
 - ☆ **Knowing how to help prevent**, how to recognize, and how to respond to a reaction
 - ☆ **Understanding the potential impact** of FPIES reactions and the toll of daily management on development milestones and overall mental health
 - ☆ **Recognizing the unique ability** that each individual style of therapy can have on improving a child's quality of life
- Present about FPIES at staff education meetings**, including information about the diagnosis as well as how your clinic's specialty can help affected children
- Educate those visiting your clinic** about general food allergy precautions-- i.e. posting signs discouraging eating in the waiting rooms and clinic space; posting signs encouraging hand washing before sessions

Special Considerations for Nutrition Clinics and Feeding Therapy Clinics:

- Educate all clinic staff about specifics for the nutritional management of FPIES:**
 - ☆ www.fpiesfoundation.org/for-healthcare/professional-resources-nutrition/nutritionwebinar/
- Develop clinic-specific nutrition practice guidelines for FPIES management**
 - ☆ See examples here: www.fpiesfoundation.org/wp-content/uploads/2016/10/FPIES-Nutritional-Guidelines-Management-and-Care-Plan.pdf
- Educate clinic staff about FPIES food trial protocols and the potential for oral aversions that may occur**
- Educate clinic staff about the benefits of utilizing clients' food journals** as useful tools in developing care plans
- Additional resources** can be found here: www.fpiesfoundation.org/for-healthcare/professional-resources-nutrition/

