

For Hospitals and Medical Teaching Institutions: FPIES Awareness



Awareness in Hospital Departments:

- ❑ Give a presentation about FPIES at **Grand Rounds** or at Departmental meetings. Request free educational materials at www.fpiesfoundation.org
- ❑ Create a specific emergency protocol for FPIES in the ED. Educate ED staff about FPIES symptoms & management (For more: www.fpiesfoundation.org/emergency-care/)
- ❑ Encourage departments to **participate in awareness days**, such as Global FPIES Day. (www.fpiesday.com)
 - Print & hang FPIES awareness posters in staff lounges; distribute to department mailboxes
 - Create an email providing an overview of FPIES and giving links to online resources at www.fpiesfoundation.org/resources
- ❑ Speak to hospital-sponsored new parent/prospective parent groups about FPIES
- ❑ Follow www.fpiesfoundation.org/fpies-medical-literature for updates in the medical literature about FPIES

FPIES and Medical Students:

- ❑ Introduce Medical Students to the **library of medical journal citations** at www.fpiesfoundation.org/fpies-medical-literature
 - ☆ Discuss medical journal articles at www.fpiesfoundation.org
 - ☆ Have students write literature reviews about different aspects of FPIES; make copies of reviews & share with peers
 - ☆ Discuss usefulness of Patient Registries and explore data at www.fpiesregistry.com; register to view the free data portal
- ❑ Consider inviting a family of a child diagnosed with FPIES to speak with students
 - ☆ Encourage students to ask questions about daily life, food trials, emergency room care and the family's journey to reaching a diagnosis
- ❑ Engage students in interactive activities
 - ☆ Give each student a list of “safe foods” and challenge each to prepare meals for that day using only the foods on the list
 - ☆ Discuss the “glitter analogy” as relates to cross-contamination. (See www.multiplefoodallergyhelp.com/food-allergy-science-fair-project/)

FPIES Awareness and Therapeutic Staff: Essential for Children and Families

- ❑ Therapeutic staff at the hospital need awareness of FPIES in order to best help families and children develop tools customized to navigating the management of this often complex diagnosis.
- ❑ Therapeutic staff can be helpful during medical procedures (IV placement, test prep education, distraction during medical procedures)
- ❑ Therapeutic staff can be helpful in teaching children and their families appropriate coping skills to help better manage daily life with FPIES.
 - ☆ Learning coping strategies to better handle frustration related to FPIES
 - ☆ Developing pain management strategies to cope with emergent and non-emergent reactions
 - ☆ Developing coping skills to manage FPIES in social situations such as school, community events and extracurricular activities

