Shock is a serious medical condition and can progress rapidly in young children. The FPIES Foundation does not provide individualized medical advice, diagnosis, or treatment. The information provided is intended for supportive, awareness and educational purposes and not as medical advice. It is not a substitute for care by a trained medical provider.

**Compensated Shock**

is a medical condition that occurs due to the body’s attempt to compensate for excessive fluid loss.

**Signs**

- Extreme thirst
- Restlessness & progressive anxiety
- Weakness
- Tachycardia (fast heart rate)
- Decreasing pulse strength
- Prolonged capillary refill
- Pallor
- Cool and moist skin
- Eventual “air hunger”
- Decreasing blood pressure
- Mottling of skin

**FPIES (Food Protein-Induced Enterocolitis Syndrome)**

is a rare type of non IgE food allergy. Acute FPIES reactions cause severe vomiting and/or diarrhea 2+ hours after ingesting a trigger food. This can cause dehydration and may progress to shock, a life-threatening reaction.

There is a need for emergency medical treatment in order to prevent further progression.

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Shock can only be assessed by a medical professional. If your/the child is experiencing symptoms noted above call your health care provider immediately or call for 911 for help.

For more information: [www.fpiesfoundation.org](http://www.fpiesfoundation.org)

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