Dehydration is a medical condition that occurs when the body loses more fluids than it is taking in, when blood pressure drops and body systems begin to shut down. There is not enough blood flow and oxygen delivery.

**Signs**

- Sunken eyes
- Dry cracked lips
- Decreased skin elasticity
- Decreased urination

**Seek medical intervention immediately to avoid shock; progression can be stopped with appropriate treatment.**

Laboratory results that support dehydration are: blood work and urine.

**Shock** is a serious medical condition and can progress rapidly in young children. The FPIES Foundation does not provide individualized medical advice, diagnosis, or treatment. The information provided is intended for supportive, awareness and educational purposes and not as medical advice. It is not a substitute for care by a trained medical provider.

Shock can only be assessed by a medical professional.

If your/the child is experiencing symptoms noted above call your health care provider immediately or call for 911 for help.

For more information: www.fpiesfoundation.org

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