

# DEHYDRATION IN ACUTE FPIES REACTIONS

**FPIES (Food Protein-Induced Enterocolitis Syndrome)** is a rare type of non IgE food allergy. Acute FPIES reactions cause severe vomiting and/or diarrhea 2+ hours after ingesting a trigger food. **This can cause dehydration and may progress to shock, a life-threatening reaction.**

**Dehydration** is a medical condition that occurs when the body loses more fluids than it is taking in, when blood pressure drops and body systems begin to shut down. There is not enough blood flow and oxygen delivery.



*Laboratory results that support dehydration are: blood work and urine.*

## Signs

Sunken eyes



Dry cracked lips



Decreased skin elasticity



Decreased urination

**Seek medical intervention immediately to avoid shock; progression can be stopped with appropriate treatment.**



**Shock is a serious medical condition** and can progress rapidly in young children. The FPIES Foundation does not provide individualized medical advice, diagnosis, or treatment. The information provided is intended for supportive, awareness and educational purposes and not as medical advice. It is not a substitute for care by a trained medical provider.

**Shock can only be assessed by a medical professional.**

**If your/the child is experiencing symptoms noted above call your health care provider immediately or call for 911 for help.**



For more information: [www.fpiesfoundation.org](http://www.fpiesfoundation.org)

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