

Disaster & Emergency Planning for Your Child Affected by FPIES

Checklist . . .

- Updated pictures/ IDs for each person
- Updated medical files for each person
- Updated FPIES Emergency Plan
- Updated medic alert bracelet info
- Backup medications and supplies
- Easily transportable bag of supplies
- Shelf-stable safe food, water, formula
- Diapers, season-appropriate clothes, blankets
- _____
- _____

Important Contact Information:

FEMA: _____

Other: _____

Questions to Ask . . .

- What **supplies do we need** to make it through a 24hr period and through one week?
 - ☆ Do we need a generator/ uninterrupted access to electrical power?
 - ☆ Do we need medications/ medical supplies in our emergency kit?
- Where do we go** if we cannot stay at our home?
 - ☆ What is our transportation plan, if we need to relocate?
 - ☆ Is there a contact person/agency to help arrange for this?
- What information do I need to include in our **medical files**?
 - ☆ Do we have updated contact information for our doctors?
 - ☆ What info will be most essential for emergency professionals to know?
- If we needed medical attention**, where could we go?
 - ☆ _____

Notes: _____



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Notes:

Helpful Resources and Links:

- ☆ Resources from the CDC: “Caring for Children in a Disaster”
<http://www.cdc.gov/childrenindisasters/index.html>
- ☆ FEMA's “Preparing for Disaster for People with Disabilities and other Special Needs”
<https://www.fema.gov/media-library/assets/documents/897>
- ☆ “Emergency Information Forms and Emergency Preparedness for Children With Special Health Care Needs” from the American Academy of Pediatrics
<http://pediatrics.aappublications.org/content/125/4/829.full>
- ☆ (PDF) Family Emergency Plan Document by FEMA at ready.gov
www.ready.gov/sites/default/files/documents/files/Family_Emergency_Plan.pdf
- ☆ FPIES Emergency Action Plan
[http://fpiesfoundation.org/advocacy/documentation/#The%20Action Plan](http://fpiesfoundation.org/advocacy/documentation/#The%20Action%20Plan)
- ☆ *For more information about FPIES, emergency documents and forms, visit:*
www.fpiesfoundation.org/resources

Consider Disaster & Emergency Plans and Emergency Kits For:

Your house, your car (in case you get stranded), your child's school/daycare