

For Community and Recreation Programs: FPIES Awareness



For Staff Supporting Families & Children: Questions to Consider

- ☐ How can I learn more about FPIES?
- ☐ Does the child have an FPIES ER Action plan?
- ☐ Does the child wear a medic alert bracelet or have any other identifying information on his/her belongings?
- ☐ What ways can we help to keep the environment safe?
- ☐ Do you have any recommendations age-appropriate books to help other children understand FPIES?
- ☐ Contact Information: _____

Program Considerations:

- ☐ **What is the schedule?**
 - ☆ Are there scheduled hand washing times?
 - ☆ Will there be meal and/or snack times? Where will meals/snacks be eaten?
- ☐ **Are there some program materials that could contain allergens** (ex/ playdoh, sensory materials, other art supplies)? How can we explore options for substitute materials as needed?
- ☐ **How will program staff be educated?** (Connect at contact@thefpiesfoundation.com to request support and free resources)
- ☐ **Are there any medical staff onsite?**
- ☐ **How will emergencies be handled?**

Awareness+Accessibility = Support for Children Affected by FPIES

- ☐ **Invite parents/families to give presentations to staff** about FPIES as well as their child's specific needs
- ☐ **Connect with The FPIES Foundation for support and resources** that can help promote greater accessibility in community programs for affected kids
- ☐ **Advocate for food-free programming options** (for ideas and tips, connect with The FPIES Foundation at contact@thefpiesfoundation.org)
- ☐ **Educate staff, families and program participants about appropriate hand washing procedures** and how it can help to prevent cross contamination, a potential cause of allergic reactions

Forms and Resources for Additional Information:

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| <input type="checkbox"/> FPIES Emergency Action Plan/ Action Plan | <input type="checkbox"/> Posters at: www.fpiesfoundation.org/posters-for-fpies-education-and-awareness/ |
| <input type="checkbox"/> Teacher-Parent Communication Log | <input type="checkbox"/> About cross-contact: www.allergyhome.org/handbook/table-of-contents/ |
| <input type="checkbox"/> Coping Strategies worksheet | <input type="checkbox"/> Print Resources: fpiesfoundation.org/foundation-flyer/ |

Food-Free Fun Events for Schools and Communities



- ☆ Invite a guest dance teacher and hold a Dance Party night
- ☆ Host a “workshop” day-- kids build simple projects at pre-set stations to take home
- ☆ Storytelling Celebration: invite a local children's author or group of authors.
 - One story time station where children listen to someone read a story aloud,
 - A second station for writing stories (facilitated by a librarian, author or English teacher)
 - A third station for illustrating stories
 - A fourth station for children to tell their own stories or act them out
- ☆ Bike Rodeo
- ☆ Fun Run/ Fitness Challenge
- ☆ Organize a Bingo for Books event
- ☆ Host a “crafternoon”--- set up 3-5 craft stations in a gym or large multipurpose room and have kids rotate from station to station
- ☆ Game Night (set up activities in stations in the gym)
- ☆ Host a Story Walk
- ☆ Museum Walk-- set up participating classrooms as “exhibits.” Students create theme-based exhibits in each classroom and the school “tours” through the rooms to view the exhibits.
- ☆ Board Game Social Hour
- ☆ Host a Drum Circle
- ☆ Host an “Open Mic Night,” where kids can present poetry or original songs to the audience.

Do you need additional resources to help educate your community about FPIES? Are you struggling with ideas for food-free celebrations and recreational events? Do you want to share your community's success story about a fun food-free event? For all of these topics and more, reach out and connect with us today at contact@thefpiesfoundation.org. We are happy to help & support you!